

### Spring Awakening Quest

# Vision Your Life and Live Your Vision June 5 – 7, 2022 - Novelty, OH

Spring is Nature's season of awakening and new beginnings, inviting us to wake up to the beauty, love, and amazing possibilities around us and within us.

Hosted by Spirit of Leadership, Catalyst Consulting, and iSOLVit Guided by Jackie Lowe Stevenson, Leslie Yerkes, Kathy Telban and the Pebble Ledge Herd of wise horses

**Now is the time for questing and visioning.** This is the moment for courage, hope and possibility. Your Vision Quest is an opportunity to slow down, find quiet and listen to inner knowing where you discover your focus, flow, and natural wisdom to enhance how you work, play, live and love.

A vision quest offers us present possibility, not simply looking back with yearning nor merely looking forward with mustered courage or sitting stone still not daring to look either way. To thrive we must look within to the natural world and boldly to each other finding collective excitement for present possibility.

Three vision quests will offer different experiences that are connected to the seasons. Attend one or more to focus on something different or to continue your journey. These quests are designed for individuals, couples and teams working individually in a community of support.



Quest
June 5-7, 2022
A deep dive over 3 days



Fall Harvest
Walkabout
September 17, 2022
1 day



Winter Wonderland
Quest
January 28, 2023
1 day

A Vision Quest can serve a variety of intentions: celebrating life changes, a rite of passage, discovering purpose, facing fears, finding answers from the heart, seeking inner peace and healing, honoring life and opening to wisdom for oneself and for your community. This design will help individuals in their families, teams and communities have a shared experience.

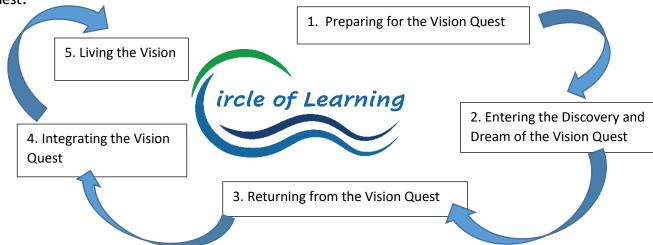
#### Join our Circle of Learning surrounded by the beauty and wonder of Nature.

#### We call for a vision to begin to discover

- What is my personal calling?
- What is my contribution to make a positive difference within my lifetime?
- What legacy will I leave for the benefit of the planet?

#### **Vision Quest Process**

The Community Circle of people, horses and the natural world will support you to in your quest.



#### Preparing for the Vision Quest

 We will prepare for our vision quest by meeting the land, and horse and human herd, setting your intentions, discovering your questing place, and creating your sacred circle and places of power.

#### Entering the Discovery and Dream of the Vision Quest

- You will be supported during your quest as we hold your presence.
- Be in alone time in silence to listen and learn from the horses and the natural realm.
- Explore your inner and the outer landscape of your life in a visioning walkabout.

#### **Returning from the Vision Quest**

• We will help you celebrate and process your vision quest and explore your growing edge.

#### Integrating the Vision Quest

- Weaving the stories and threads of knowing into meaningful information.
- Exploring ways to integrate your experience into your daily life.

#### Living the Vision

- This is for you to be in touch with and present to your deeper waters, your deeply rooted earthliness, your ancient stone bone memories.
- Your familiar patterns are challenged, and your untapped resources become available.
- Seek to understand what has been offered to you.
- The changes you make are your choice.
- Begin to live what has been within you all along, has been remembered, and rediscovered.

#### You will:

- Go within to find your center and balance in a world filled with uncertainty and change.
- Bring wisdom from the past and from within into guiding your future.
- Listen for the big questions and messages in the presence of horses and the wild.
- Be provided with a journal so you can reflect and write about your journey.

After these tumultuous years of challenge and change we are feeling the need to offer sessions to help you envision your life and deepenconnections.

#### You will:

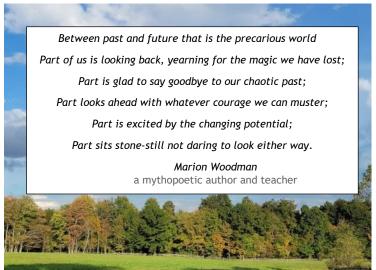
- Find quiet moments in nature and your place in the wisdom of the forest and nature's living system.
- Heighten your self-awareness and perceptions of yourself and those around you in the presence of the 350-million-year-old ledges.
- Connect around the warmth of a campfire deepening relationships and creating community.
- Join a herd of gentle hearted horses to remember who you truly are.
- Listen to the river inviting answers to your most important personal and professional questions.
- Trust your inner knowing and claim your purpose in the world as you stand firm upon the earth.

Group or individual coaching sessions after your quest are available.

Please indicate your interest on the registration form and we will reach out to you to discuss and schedule.



These vision quest sessions can be used to meet continuing education requirements for Board Certified Coaching (BCC) and Accountancy Board of Ohio. Let us know if you have other certification needs that we should consider.





We promise to create a safe space for time to dream, reflect, share, stretch your muscles and your mind, release old patterns, make room to envision your life. We will bring in cross-culture approaches and indigenous practices including a Native American Medicine Wheel. We will provide a unique, healing, and quiet environment.



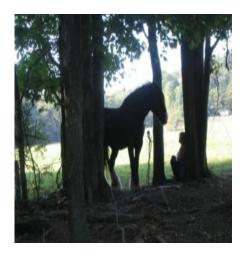
## 2022-2023 Vision Quests Registration Form

Location and time of retreat:

Pebble Ledge Ranch 9796 Cedar Road Novelty, Ohio 44072

We will begin at sunrise and close at sunset for the Fall and Winter Quests and on June 6<sup>th</sup> for the Spring Quest. The Spring Quest begins at 4 pm on June 5<sup>th</sup> and ends at noon on June 7<sup>th</sup>. Details will be provided in the Welcome Packet.

We practice COVID safety of physical distancing, mask wearing, small gatherings, and being outside in nature. We promise to create a safe space for time to dream, reflect, share, stretch your muscles and your mind, release old patterns, make room to imagine and inspire something new.



#### Overnight accommodations:

Take care of yourself and spend your evenings at Punderson Manor, Newbury, OH To book a room for any evening, go to: <a href="https://www.pundersonmanor.com/">https://www.pundersonmanor.com/</a> Use code: Circle of Learning to receive special rate

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Sign	me	IID	tor:

 _ All 3 Vision Quests - \$1,500 due April 1 <sup>st</sup> (Discounted \$485)
_ Spring Wakening Deep Dive Vision Quest - June 5-7, 2022 - \$995
Fall Harvest Walkabout Vision Quest - October 8, 2022 - \$495
_ Winter WonderlandVision Quest - January 28, 2023 - \$495
I am interested in discussing/scheduling a coaching session(s) after the Vision Quest

To secure your place, a non-refundable deposit of \$250 for one-day quests and \$500 for the deep-dive quest is required. Remainder needed 30 days prior to the session. These vision quest learning circles are limited to 16 participants.

To receive a \$485 discount for participating in all three vision quests, your registration and check must be received by April 1st.

**Tuition:** Includes a journal, water, and snacks. For one-day quests it includes lunch. For the Spring quest it includes dinner day one, lunch day two and three.

#### Ways to pay:

- 1. By check, Make payable to: Catalyst Consulting Group, Inc.
- 2. Need an invoice. Indicate below.

Indicate how you plan to pay: Check Enclosed in the amount of \_\_\_\_\_ Need Invoice \_\_\_\_\_

Name	Email Address &			
	Telephone #			
Mailing				
Address				
Emergency	Emergency			
Contact name	Contact number			
Any special needs?				