

# **Follow Your Heart - *It knows the Way***

## ***A Visioning Retreat with Brooke Medicine Eagle***

### ***Guided by Brooke, Horses, Nature and Your Heart***



*Come join me on a beautiful and sacred journey of the heart.  
Walk a Heartpath of beauty, grace, light, and sweetness, awakening your ability to  
clear, heal, and blossom.*

**September 18-20 — Friday 3:00 PM through Sunday 1:00 PM**

**There is a quiet voice within you that already knows the way.  
It speaks in dreams, in longing, in the gentle stirring of your heart.**

**This gathering is an invitation to step out of ordinary time and enter sacred time—  
to walk the Heartpath of beauty, grace, sweetness, and light.**

**Guided by Brooke's sacred teachings and visioning process, we will create a circle of  
deep listening, remembering and visioning—a place where grief, healing, joy, and  
possibility are all welcomed.**

**May we walk the Path of the Heart  
with courage, beauty, and grace.**

**May the horses guide our listening, the earth steady our steps,  
and the ancestors awaken our remembering.**

**May our dreams rise like morning light, and may we follow the quiet  
wisdom within for your heart always knows your path.**

*Held by the living sanctuary of Pebble Ledge Ranch, we will enter a ceremonial field to follow your heart -it knows the way*

**Here the natural world becomes our teacher.**

**The river reminds us of our voice.**

**The earth welcomes our footsteps.**

**The trees and ancient stones hold the stories of time.**

**The fire carries transformation and healing.**

**The wind lifts our songs and prayers.**

**Together we will:**

- **Sit in sacred circle, calling in the ancestors and the wisdom of those who walked before us**
- **Be with the horses, whose presence mirrors truth and awakens the instinctual wisdom of the heart**
- **Drum to the heartbeat of Mother Earth, remembering our own rhythm**
- **Journey through the Medicine Wheel, restoring balance of body, heart, mind, and spirit**
- **Share song, story, and vision, dreaming our future into being**

**This retreat is not about becoming someone new.**

**It is about remembering the one you have always been.**

**It is a time to listen for the quiet guidance of the heart  
and to allow your deepest dreams to blossom into life.**

**Dates September 18-20th— Friday 3:00 PM through Sunday 1:00 PM**

**Location Pebble Ledge Ranch 9796 Cedar Road Novelty, Ohio**

**Fee \$275**

**Lodging: You may stay at Ranch- in the cottage or yurt or bring a tent**

**To register or learn more or **schedule a private session with Brooke**  
**September 17 or 21** contact Jackie Stevenson  
[jacalynstevenson@gmail.com](mailto:jacalynstevenson@gmail.com) or 440-241-8605**

*Together we will nurture your highest dreams and invite the courage to offer your finest gifts in service to life—with joy, love, and grace.*

**Brooke Medicine Eagle** is a legendary indigenous Earthkeeper, wisdom teacher, healer, visionary, singer/songwriter, catalyst for wholeness, and ceremonialist. She is the best selling author of the Native American literary classic, *Buffalo Woman Comes Singing*, and of *The Last Ghost Dance*.

Over the last 35 years, her many music recordings, teachings, writings, conference appearances, and wilderness spiritual retreats have touched the hearts and minds of people all over the world. In January of 2000, in recognition of her remarkable contributions in bridging cultural gaps in our world, Medicine Eagle was one of 30 people to receive the special Magical Blend Millennium Award, along with the Dalai Lama, Mikhail Gorbachev, Jean Houston, Oprah Winfrey, Deepak Chopra and others.

Brooke is also a sacred ecologist with a focused interest in living a harmonious, regenerative lifestyle, as well as dedication to the preservation of our sacred waters. Born in a homesteading family, she loves simple, clean country living; aboriginal skills; as well as crafting and artistry. Having years ago passed on the stewardship of her beautiful *FlowerSong Garden Sanctuary*, she is now expanding her love and connection to All Our Relations by traveling, exploring, deepening and teaching internationally. After 8 years on the road, she is now looking for a gardening and sustainable community to call home



Brooke has an amazingly rich altar of offerings for the upliftment of all. Her wisdom has come not only from deep life experience, and formal education (having recently completed her PhD begun long ago); but as well through studying with native elders and some of the finest teachers, spiritual leaders and healers of contemporary times. Brooke invites everyone in our time to heal themselves through spiritual action in service of the next seven generations of our children.

**As we now move fully into the new and golden time prophesied, Brooke seeks to become what Mayan elders call the people of this emerging Age: *people made of honey*. As we hold sweetness, blossoming, flowering, lightness and love in our hearts, we will break through the oily surface of the power mongers of the past into a glorious time of living and creating from our hearts. The old calendar has ended, and a radiant future awaits our creation!**

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