## Journeying Around the Medicine Wheel Retreat

Releasing and Embracing Change Within Natures Realm of Autumn's Magnificence, Magic, & Mystery



Saturday October 5, 2024 9:00-4:00 Pebble Ledge Ranch< Novelty Ohio

Join us at Pebble Ledge Ranch in Novelty Ohio. surrounded by the majesty of nature, our majestic herd of horses, and the wisdom of three Medicine Wheels to explore your life's most precious questions, to discover your part in service of a better world and to simply be your most loveable self.

"How wonderful it is that nobody need wait a single moment before starting to improve the world...In spite of everything, I still believe that people are really good at heart." Anne Frank

- Journey around the medicine wheel, interact with horses in their herd and engage with nature providing a lived experience to build on strengths, face challenge with courage and compassion and experience the connection and interconnection of living systems of which we are an integral part.
- Create your own "traveling" medicine wheel with stones from the land

## > Learn about The Medicine Wheel

The Medicine Wheel or the Circle of Life, as it is sometimes called, is a central to the tradition of most indigenous peoples. Although specific aspects of the medicine wheel vary from tribe to tribe and culture to culture, the intrinsic meaning is shared. The Medicine Wheel represents the circle of life and carries wisdom from many perspectives to inform and bless our daily journey through life

## The Medicine Wheel is both a sacred representation of life=s journey and a practical system for maintaining balance and direction for the individual, the family and community

**The Medicine Wheel** is a map of discovery, balance, and healing. The wheel offers an integral map of the physical, emotional, cognitive, and spiritual realms.

The term medicine refers to one's wisdom, personal power, essence, and unique spark of the divine... To learn about, walk or pray the Wheel is to approach life from divergent perspectives and to integrate the wisdom and truth from each in our pursuit of wholeness.



There is no horse riding...the horseplay is an opportunity to learn more about you. The interrelated four directions in the circle of the Medicine wheel and the four forces of nature each offer us spiritual teachings and practical life lessons inviting intuition and inner wisdom and an awareness of our place of belonging in the family of life.

## FEE: \$135.00

Contact Jackie for information or to register for this retreat

We are prepared for the changing moods of Mother Nature with indoor and outdoor spaces to engage safely with the horses and for moments of team reflection and dialogue.

Journey around the medicine wheel, listen within to the wisdom of horses and nature and attune with grace to your true nature and imagine living life in peace. *Releasing and Embracing Change Within Natures Realm of Autumn's Magnificence, Magic, & Mystery* 



Guided by Jackie and Heb Stevenson and the herd

Learn more <u>www.spirit-of-leadership.com</u> jacalynstevenson@gmail.com <u>https://</u> <u>onewhitehorsestanding.com</u> <u>Herb@herbstevenson.com</u>