

Touching and Being Touched by Men's Hearts:

A Retreat welcoming everyone

Guided by Horses and Nature, and Compassionate, Courageous, Honest Personal Reflection and Dialogue.

Awakening, unlocking, and touching hearts is a delicate process of coming alive. Promoting a felt sense and culture that respects diversity, enhances quality of life, and preserves human dignity

Date: Wednesday October 22, 2025, Time 8:45am – 2:00 pm

Facilitated by Jackie Stevenson, Eric FitzMedrud & the spirit of leadership herd

Location: Pebble Ledge Ranch, Novelty, Ohio 44072

For registration or information contact Jackie at jacalynstevenson@gmail.com

Fee: \$ 195 lunch included



Be prepared to be safe, discover something meaningful & have fun

There is no horse riding: horseplay is relational & takes place on the ground

We are ready for the changing moods of Mother Nature with indoor and outdoor spaces to engage safely with the horses & for moments of reflection and dialogue.

With deep appreciation to Leslie Yerkes, Catalyst Consulting Group, Inc for inspiring and supporting this retreat



Join us as we walk through the beauty of the hemlock forest, warm and share our hearts in the glow of the campfire, learn from the calm, clear, compassionate presence of the horses and co-create a safe and sacred space to be present.

- Discover quiet moments in nature and spend peaceful time in heartfelt reflection on who you are and what you have to offer
- Dwell beneath 350-million-year-old ledges & 1.1-billion-year-old crystals appreciating the deep resonance that comes when we sit in silence over issues of deep significance.
- Explore the flow of clear, compassionate, courageous relationships and how it affects every aspect of life through respect, trust, and love
- Understand the role of emotions in relationships as we touch and are touched by men's hearts
- Being part of our herd where everyone belongs, everyone is essential, everyone matters listening through the heart of the horse to a place of deep connection
- Strengthen your authentic embodied presence to prepare for touching & being touched by men's hearts



Eric FitzMedrud, MA, PhD, is a psychologist and coach who specializes in relationships and sexuality. He is also the author of the multi-award-winning book. *The Better Man: A Guide to Consent, Stronger Relationships, and Hotter Sex*. He helps people connect by facing uncomfortable truths, aligning with reality, and becoming more peaceful.

Individual sessions with Eric available March 19 following the retreat

Jackie Stevenson, MSSA LISW, BCC, is a coach & therapist integrating horses, nature, and embodied presence in work with individuals, couples, teams, and organizations. She is CEO of Spirit of Leadership Services and author of the book *Someday We'll Live Like Horses: Authentic Presence in Leadership and Life*.