

The Sacred Practice and Path of Guiding with Horses

Pre-Conference Workshop EAHAE International Germany, #paddocktrailschkölen D-07619 Schkölen/ Thuringia

September 19, 2024

We will journey together to explore, experience, and embody seven sacred practices of guiding personal and professional discovery with horses. This path is a sacred practice where everyone belongs, everyone is essential, and everyone matters, where leadership is shared and offered to all.

This is a highly experiential workshop where seven sacred learning opportunities and exercises will be demonstrated and accessible for participants to integrate as they choose into their guiding with horses practice. Applicable to working with individuals, couple, families, groups and teams as all in the collective are present in some form

Seven Sacred Practices in Guiding with Horses

- Attuning and Being Present
- Holding Sacred Space
- Inspiring Leadership and Teamwork
- Listening Within and to Another
- Engaging Courageously
- Embodying Awareness
- Balancing Mind, Body, Emotions and Spirit

All Relationships are Sacred
Sacred Practice is Always Relational
What is a sacred relationship?

- A sacred relationship is a relationship in which we are inspired to see the divine in ourselves and in other people and in our horses.

- Sacredness is an embodied felt experience. It is a knowing deep within, a knowing of who you really are and seeing other beings with full acceptance, for who they truly are and the best of who they are.
- In sacred practice, everyone belongs, everyone is essential, and everyone matters. Leadership is shared and offered to all.
- We are all part of a collective circle of relationships, and all are present in some form; past, present, future.

