

Wisdom Gathering: Let Your Life Speak and Be There To Listen



Co sponsored by the Gestalt Institute of Cleveland and Spirit of Leadership

In-Person workshop

Date and Time:

Saturday, May 4, 2024 - 9:00am-5:00pm EST

Location: Pebble Ledge Ranch, 9796 Cedar Road, Novelty, OH 44072

Fee: \$200.00

Continuing Education:

6 Core/1 Resource Dev: CCEs - GPCC™ and ICF Core Competencies

6.5 hours: CE (counseling, social work psychologists)

Faculty: [Jackie Stevenson, MSSA, LISW, BCC, GPCC™](#)

Enter into the sacred silent realm of nature, where we can hear ourselves think and listen within for what most wants to be heard. We will create a field of dreams surrounded by a herd of gentle horses where you can gather the wisdom of your inner nature and dream your world into being.

Integrating a Gestalt and a Transformational Presence approach, ICF coaching guidelines and ancient Indigenous practices, nature's teachings and our inner knowing, we will gather collective wisdom and listen for our life to speak.

This highly experiential workshop is for all who want to enhance their professional skills and to expand their approach in guiding clients through challenges and into opportunities.

In this workshop, participants will increase their understanding and practice:

- Expanding your capacity and the capacity of your clients to invite your life to speak and be there to listen to what life wants rather than what you think your life wants.
- Deepening your understanding of a Gestalt approach to change cycle of experience: sensation and awareness; mobilization and relational contact; and integration and assimilation through the lens of embodied presence and body intelligence.
- Enhancing self-awareness of professional presence and relational alliance, to support the awareness of the client of their presence and how it impacts their life and to positively shift the experience of your life and the people in it;
- Applying ICF and clinical competencies within in a Gestalt and transformational presence approach and embodied presence to expand professional coaching practice and competency.
- Strengthening your awareness and ability to be present, resilient, and ability to be a compassionate presence during chaos, stress, and uncertainty guided by horses and nature; and
- Drawing from the work of Alan Seale, Parker Palmer, and Gestalt and ICF principles.

No horse riding - this is about respectful trustworthy relationships.

We will be outside in nature; and in protected outdoor and indoor spaces.