

## **Wisdom of the Ages: Graceful, Grateful Aging Without Growing Old**

Guided by Horses, Nature, and your own Wisdom of the Ages  
Join a circle of women for a day to explore the beautiful wrinkles of time by honoring the past, celebrating the present and living fully into the future.



**Date:** May 5, 2024, **Time** 9:00 am -3:30 pm

**Location:** Pebble Ledge Ranch, 9796 Cedar Rd., Novelty Ohio

**Guided by:** Jackie Stevenson, Jody Wainer and the Spirit of Leadership Team and Herd

Horses and all of Nature live within the natural circle of time flowing from one season to another carrying the wisdom and secrets of the ages.

Together in the presence of wise women and the wisdom of horses and Mother Nature we will explore our own natural rhythm of graceful, grateful aging without growing old.

Horseplay in the pasture, chatting around the campfire, strolling through the forest, resting in the ancient rock ledges, sharing sacred knowledge:

- Thinking less and feeling more
- Worrying less and trusting more
- Letting go and laughing more

## Join the Joyful Journey of gracefully, gratefully, aging

- ❖ Awakening Dreams Forgotten
- ❖ Releasing Fears Unfounded
- ❖ Deepening Instinct and Intuition
- ❖ Exploring How to Be



**Fee: \$135.00**

For Registration or information contact Jackie at  
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[www.spirit-of-leadership.com](http://www.spirit-of-leadership.com)

Jackie Stevenson is the founder and CEO of Spirit of Leadership Services LLC providing coaching, leadership and team building sessions and retreats through experiential learning with horses and nature.

Jody Wainer is a Licensed Independent Social Worker and a Jungian analyst. She has a ongoing interest in increasing the visibility and understanding of Jungian thought and the support it can offer our everyday lives.

