### **Wisdom of the Generations:**

### a Family Retreat Guided by Horses and Nature

Saturday June15, 2023, 9:00 am-3:00 pm





Mothers, Fathers, grandparents of all ages, and kids 8-18 years old; join us for a fun, meaningful day of honest conversation around the campfire, gentle horseplay, and easygoing hiking.

**Guided by horses and nature** this retreat day is an opportunity to enjoy quality time together, grow your connection to each other, offer and receive support, and learn from each other as part of a community of cross generational families







# Be prepared to be safe, discover something meaningful to you and have fun



# There is no horse riding...the horseplay is relational and takes place on the ground

Observing and interacting with horses in their herd provides a lived experience to; build on strengths, face challenge with courage and compassion

# "We can learn to be a more caring family where everyone belongs, everyone is essential, and everyone matters." Jackie

Facilitators: Jackie Stevenson and the Spirit of Leadership Team & Herd

Fee: \$150 for the family

For more information or to register contact Jackie at <a href="mailto:jacalvnstevenson@gmail.com">jacalvnstevenson@gmail.com</a>

to learn more about us visit our www.spirit-of-leadership.com

#### Or view our videos

Spirit of leadership horseplay with CWRU
How Horses Can Teach Human Communication
bVoxFgh ZHM

https://youtu.be/

Live Like A Horse: TEDX event <a href="http://www.youtube.com/watch?">http://www.youtube.com/watch?</a>

v=bbWaolc382Q&feature=player\_embedded#!